

# Narrative Nursing

Teaches the power and practical application of storytelling.



## Program description:

THIS WORKSHOP TEACHES NURSES TO EMBRACE THEIR STORIES AND TO PRACTICE THERAPEUTIC WRITING TECHNIQUES TO GUARD AGAINST COMPASSION FATIGUE AND BURNOUT. BY LEADING NURSES INTO THE PRACTICE OF THERAPEUTIC JOURNALING, WE ARE ABLE TO FIND DIFFERENT PERSPECTIVES TO INVOKE COMPASSION AND EMPATHY; FOR PATIENTS, DOCTORS, FELLOW NURSES AND FOR THE FAMILIES OF PATIENTS.

## Objectives:

- Balance compassion fatigue and burnout by utilizing proven writing techniques
- Engage nurses with their, “Why?”
- Reconnect nurses with the passion for caregiving
- Promote professionalism and inter-professionalism
- Gain perspective from the patient and family’s point of view
- Manage stress through writing and storytelling



## Testimonials:

“Marcus’s presentation is highly rated by our staff and we look forward to having him back in the near future!”

Catherine A. Harmer MPH, MSN, RN, NEA-BC, CPXP  
System Director, Patient Experience, Main Line Health  
Bryn Mawr, PA

“Marcus is a master of changing culture. Every health care institution needs to hear his message.”

Scott Ellner, DO, MPH, MHCM, FACS  
Chief Executive Officer, Billings Clinic  
Billings, MT

Partners in Excellence:



Beaumont

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