

Presence: the Cornerstone of Caregiving

Mindfulness Techniques for Healthcare Professionals



Program description:

PRESENCE IS A MULTI-DISCIPLINARY KEYNOTE WHICH ENGAGES HEALTHCARE PROFESSIONALS TO STAY RESILIENT THROUGH MINDFUL PRACTICES. *PRESENCE* INSPIRES AND EDUCATES HEALTHCARE PROFESSIONALS HOW TO STAY COMPASSIONATE AND ENGAGED IN THE FACE OF STRESS, HUMAN SUFFERING AND DEMANDING RELATIONSHIPS. BORROWING FROM HEALTHCARE THEORY, SOCIOLOGY, PSYCHOLOGY, CURRENT TRENDS IN THE PATIENT EXPERIENCE MOVEMENT, ANCIENT RELIGIOUS PRACTICES AND A VARIETY OF NARRATIVES, *PRESENCE* IS THE SHOT OF PRACTICAL INSPIRATION THAT HELPS HANDS ON CAREGIVERS STAY RESILIENT THROUGH THE RIGORS OF HEALTHCARE.

Objectives:

- Increase everyday mindfulness and engagement of healthcare pros
- Improve quality, safety and satisfaction in healthcare
- Build greater staff resilience and cohesiveness through Narrative Medicine



Testimonials:

"Presence was well received from our conference attendees, who rated it a 4.99 out of 5. Marcus' participation was a huge part of our success. He truly makes a difference!"

Brian Lee

Founder, CLS/Healthcare Service Excellence Conference
Calgary, Canada

"Not only did Marcus deliver an incredible message through his story, but he did an amazing job at intertwining the theme of our event throughout his presentation."

Alexis Mullay-Becker

Service Excellence & Patient Advocacy Manager, Florida Hospital
Orlando, FL

Partners in Excellence:

THE BERYL
INSTITUTE



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